



2022 Fall Workshop Schedule

Becoming an Outdoors-Woman® Nova Scotia

2022 Fall BOW cost is \$300, includes shared accommodation, meals and snacks and your choice of 4 workshops. Eventbrite will go live on **AUGUST 13 at 9:00 am**. First come basis so pick a backup in case your first choice is full. **DEADLINE AUGUST 31.**

September 16 - Friday

Morning

8:00 am – 12:00 pm **Registration**

8:30 am – 11:30 am

Firearm Safety, Handling & Storage

Please Note: A firearms license or proof of having successfully completed the Canadian Firearms Safety Course (non-restricted) or attendance at the Firearms Safety, Handling & Storage class are pre-requisites for the Shooting Rifles & Shotgunning classes. Please do not bring your own firearms.

Afternoon

12:00 – 1:00 pm **Lunch & Welcome**

Session 1

1:30 pm – 4:30 pm

- Archery/Bowhunting
- Crossbow Hunting
- Day Hikes
- Outdoor Cooking
- Shooting Rifles*
- Trout Fishing*

Evening

5:30 – 6:30 pm **Dinner**

7:00 pm – 9:00 pm

Evening Program
Campfire Social

September 17 - Saturday

Morning

7:00 am – 8:00 am

Breakfast & Announcements

Session 2

8:30 am – 11:30 am

- Archery/Bowhunting
- Canoeing
- Edible/Medicinal Plants
- Fly Fishing*
- Shotgunning*
- Standup Paddle Boarding

Afternoon

12:00 pm – 1:00 pm

Lunch & Announcements

Session 3

1:30 pm – 4:30 pm

- Archery/Bowhunting
- Fly Tying
- Shotgunning*
- Standup Paddle Boarding
- Trout Fishing*
- Wilderness Camping

Evening

5:30 – 6:30 pm

Dinner

6:30 – 7:00 pm

Group Photo

7:00 pm – 9:00 pm

Evening Program
Campfire Social

September 18 - Sunday

Morning

7:00 am - 8:00 am

Breakfast & Announcements

Session 4

8:30 am - 11:30 am

- Backyard Birds
- Canoeing
- Fly Fishing*
- Reconnecting with Nature
- Scouting for Wildlife
- Tasty Fish

Lunch

Wrap up & Farewells

12:00 - 1:30 pm

***THESE CLASSES ARE OFF SITE – TRANSPORTATION WILL BE PROVIDED**

All classes are introductory, for people who have little or no experience. All equipment is provided, unless indicated otherwise in class description. **BOW** instructors and administrative team are volunteers who give freely of their time and knowledge. We strive to have a respectful environment for all.

CONTACT INFORMATION

Becoming an Outdoors-Woman® Nova Scotia Association
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